

# ANNUAL REPORT

## (2023-24)



Khalsa College for Women, SidhwanKhurd (Ludhiana) – 142024

Phone: 01624-234967, 98788-94055

Website: [kcwsidhwan.org](http://kcwsidhwan.org), E-mail: [kcw\\_sidhwan@rediffmail.com](mailto:kcw_sidhwan@rediffmail.com)

**KHALSA COLLEGE FOR WOMEN, SIDHWAN KHURD**  
**NAAC Re-Accredited Grade 'B++'**  
**ANNUAL REPORT**  
**2023-24**

**Established in 1950 at village SidhwanKhurd**, 30 km away from Ludhiana in lush green rural background, aptly hailed as the 'Shantiniketan' of Punjab, Khalsa College for Women, SidhwanKhurd (Ludhiana) is a living testimony to the generosity of legendary donors Bhai Sahib BhaiNarain Singh and his wife Bibi Ram Kaur and later their daughter BibiHarparkash Kaur Padam Shree Awardee and daughter-in-law Bibi Attar Kaur. It is one of the five educational institutions run by Sri Guru HargobindUjagarHari Trust.

The Trust and the institution came into being due to the great personal loss suffered by the founder Bhai Sahib BhaiNarain Singh Ji and his wife Bibi Ram Kaur Ji when they lost their only son Kaka Ujjagar Singh in a mishap in 1908. Coming to terms with this loss and making the supreme effort of starting life afresh, they devoted themselves to the task of educating their daughter BibiHarparkash Kaur. This resulted in the establishment of a primary school in May 1909 with four students, after which there was no looking back. The philanthropic spirit of the founders saw the Trust develop from a fledgling one into a fully grown organization, which today prides itself of Five Educational Institutions holding aloft the lamp of knowledge by our Honorable Sri Guru HargobindUjjagarHari Trust and Mata Ram Kaur Charitable Hospital to cater to the medical needs of the poor and needy. The torch bearers who are carrying forward the old traditions and guiding us today to the right path are S. Birindar Singh Sidhu, IPS (President), S. Amarjeet Singh (Secretary), S. Pardeep Singh (Manager), S. Kirpal Singh Bhatthal (Member), S. Pritam Singh Johal (Member), S. Harmail Singh Sidhu (Member) and S. Devinder Singh Mann (Member) .

Ever since its inception the college, has been playing a commendable role in providing quality education to women, especially, of rural areas. But for the thoughtful munificence of the founders, most of the girls coming from disadvantaged families in the area would have been deprived of the fruits of knowledge and suffered the ignominy of lack of higher education in the fast developing social scenario. Our College has maintained high standards in the field of discipline as well as academic, moral and physical development of the students. The college strives at its best to help **dispel ignorance, spread knowledge** and thereby **propagate the lofty ideals of service and sacrifice**. The college that made a humble start **70 years ago** with only a few girl students, has been moving forward in its progress march to establish itself as one of the major Rural Educational Colleges for Women. A single faculty degree college to start with, the college today can, with justifiable validity, pride itself of being a **Multi-faculty, Post-Graduate Rural College for Women** in Punjab. **Total 332 students** on rolls, it now caters to all the four streams i.e. **Humanities, Science, Commerce and Computer Science**. Keeping in view the current scenario, we have **M.A. (History, Punjabi, English and Political Science), M.Com, M.Sc. IT, PGDMC, PGDCA, B.A., BCA, B.Com., B.Sc., B.A./B.Sc. B.Ed. 4 Year Integrated courses and three add on Certificate, Diploma and Advance Diploma courses in Web Designing and Multimedia, Computer Based Accounting and Communicative English**. A highly qualified and experienced staff under the seasoned guidance of the Principal and College Management is committed to the task of instilling in the students the love of

knowledge. The college has **36 faculty** members of whom **11 are Ph.Ds. 11 M.Phils.**. In addition, the college has a fairly strong contingent of **Non-teaching employees including 04 Office-staff, 03 Laboratory Staff, 19 other Non-teaching staff and support staff.**

The college is spread over **18.75 acres of land**. It has put up a physical structure in the shape of well-furnished and well ventilated lecture rooms, smart class rooms, computer labs with internet facility, computerized library, seminar hall, non-resident center, departmental rooms, examination hall, laboratories, auditorium, gymnasium, a huge hostel complex, bus shed, a fleet of 21 buses, power room, canteen and various playgrounds. Infrastructure in the form of equipment and apparatus such as projectors, slide projector and smart boards is also available. The college also provides the facility of Short Term Courses Quantitative Aptitude and Reasoning, Spoken English Classes, Computer Basics, Training of Indian Musical Instruments, Art and Craft Course, Recreational Sports.

The college also gives ample opportunity to its students to identify and explore their talents and areas of interest by giving them, the chance of becoming members of various clubs and committees like College Student Association (CSA), Commerce Society, Computer Science Cell, English Literary Forum, Social Sciences Forum, Punjabi SahitSabha, Road Safety and Environment Protection Cell, , Science Club, Legal Literacy Club, Photography Club, Youth Club, Library Committee, Bebe Ram Kaur Society, BibiHarprakash Kaur Society, Gurudwara Committee, Red Cross Society, Red Ribbon Club, NSS and NCC. The institution has constituted prevention of Women Harassment Cell, Anti-ragging Cell and Grievance Redressal Cell to provide a safe and secure performance.

### **OUR VISION**

To provide environment to instill self-confidence in girls of rural Punjab to make them self- dependent, having righteous living, to become good human beings, dedicated to the service of nation and humanity with a global vision.

### **OUR MISSION**

To make quality the defining element of higher education for women in rural Punjab through multi-dimensional personality development, having learner-centric and personal programmes and development through co-curricular and extra-curricular activities.

### **PROSPECTUS, COLLEGE MAGAZINE AND NEWSLETTER**

The college publishes its prospectus annually containing information regarding the history of the college, rules and regulations, criteria for admission, fee structure, and subject combinations, details of the staff and their qualification and seats in various courses.

- To inculcate creative writing amongst students the college publishes the college **magazine “UjjagarKiran” annually**. On October 01, 2022, the college **magazine UjjagarKiran 2021-22 was released by S. Kirpal Singh Bhatthal, Sr. member, SGHGU, Hari Trust, SidhwanKhurd and Principal Dr.Rajwinder Kaur Hundal. The Chief Editor was Dr.**

**Jasdeep Kaur.** The Section Editors were Dr.Navdip Kaur (Social Sciences), Dr.Iqbaljit Kaur (Sciences), Dr.GagandeepDharni (English), Prof. Harpreet Kaur (Commerce), Prof. Inderjit Kaur (Punjabi), Dr.GeetanjaliArora (Gurmat), Prof. Ramanpreet Kaur (Computer Science) and Prof. Jaspreet Kaur (Pictorial).

➤ On February 16, 2023, Newsletter containing **half yearly activities from July 2022 to December 2022** was released by **honourable senior members of SGHGU Hari Trust, S. Kirpal Singh Bhathal and S. Harmail Singh Sidhu** accompanied by the Principal Dr.Rajwinder Kaur Hundal. The newsletter was prepared by Prof. Roopa Kaur Rai and Prof. Ramanpreet Kaur.

### **ACADEMIC ACHIEVEMENTS**

We have consistently improved our academic achievements over the last few years with a number of merit holders and university position holders. This college is basically rural, yet it is more than able to match and compete with urban colleges of the region. The percentage of annual result is shown in the following table: **TOPPER STUDENTS**

## **A PERUSAL OF THE SESSION 2023-24**

- Inauguration of session 2023-24 was held on **August 2, 2023**. The programme commenced by seeking the blessings of the Almighty at the campus Gurudwara Sahib of Sidhwan Group of Institutions where the congregation assembled. Dr. Amandeep Kaur, Principal (Addl. Charge) accompanied by the staff and students recited the holy path of Sri Sukhmani Sahib. All present on the occasion participated in Ardas and prayed for the prosperity and ascendancy of the college in the coming session. This was followed by the first weekly assembly in Guru Nanak Bhawan that began with Shabad singing. Dr. Amandeep Kaur delivered the formal welcome address where she congratulated the new students for taking admission in the prestigious institution. She shared information about the mentor –mentee mechanism, feedback system as well as the details of the upcoming Seven Days Induction Programme. The Principal then formally acquainted the faculty and non- teaching staff to the audience. Laddos were distributed to all to celebrate the beginning of the new session.
- 7 Days student induction programme for the fresher students was conducted from **August 02 to 09, 2023**. The purpose of the programme was to acquaint the new students to the Code of Conduct,ethos and culture of the institution and to share information about the student support facilities available in the college. It also served as an occasion to formally introduce the faculty and encourage interaction among fresher students .The teacher incharges of various clubs, societies, cells and committees actively engaged in organizing student activities and deputed to provide assistance to students for their overall personality development addressed the students and elaborately discussed the eligibility conditions, rules and regulations for participation in activities. Students were told about beneficial schemes and scholarships that could beavailed.The feedback process and grievance redressal mechanism were shared. The Induction Programme also gave a glimpse of the avenues and future opportunities that would be offered to the students. Principal (Addl. Charge) Dr.Amandeep Kaur congratulated Dr.Jasdeep Kaur and Dr.MahipalDutt the incharges of the Induction Programme for the successful competition of the event.
- Traditional festival of Teej was celebrated with gaiety and fervoron **August 17, 2023**. Dr. Amandeep Kaur, Principal ( Addl. Charge) of the college was the chief guest. A colourful cultural programme comprising of folk dances, folk songs, bhand and gidha was presented by the students of the college and Sikh Girls Senior Secondary School, SidhwanKhurd. Mrs. Jatinder Kaur Principal (off.) and senior teacher Mrs. Kamaldeep Kaur from Sikh Girls Senior Secondary School graced the occasion as guests of honour. Faculty from GHG Harpakash College of Education and Sikh Girls Senior Secondary School also attended the event. Stalls of various eatables, nail-art and Mehndi were put up by the students under the guidance of incharge teachers for enhancing entrepreneurship skills among students.
- CSA has been constituted????
- On 19 August , 2023 Social Sciences Forum took 79 students of UG and PG classes to watch movie GADDAR-2 at Nova Theatre Mullanpur.

- Fresher Party cum Talent Hunt was organized by the cultural committee on **August 25, 2023**. Dr. Amandeep Kaur Principal (Addl. Charge) graced the occasion as chief guest Miss Manpreet Kaur from M.Com-II gave a warm welcome to the freshers. The students displayed their talent in various items like Group Dances, Songs, Poetical Recitation and Elocution. This was a crescendo to the off stage items like Creative Writing, Heritage Quiz and Fine Arts events that were conducted for newly admitted students on **August 24, 2023**. First year students mesmerised the audience with ramp walk. Question and answer session followed. On the basis of their performance in various rounds, Garima Sharma, B.Com-I was crowned Miss Fresher. Varsha, B.Com-I and Harkeerat Kaur BCA-I were declared the Second Runner Up and First Runner Up respectively. Lunch was hosted for the staff and students.
- Fine Arts Society of college from **September 7 to 21, 2023** for students. The Resource Person was Mrs. Harjeet Kaur, Instructor, Art and Craft from GHG Harparkash College of Education, SidhwanKhurd and taught the students to make GuddianPatole, Chhikku, Pranda, Naala, Tokri, Mitti De Khidaune, Khiddo, Peehri, Rassa, Eenu and traditional embroidery designs. 46 students were given demonstration to make various items. Hands on training was provided and the participants enthusiastically created beautiful articles and patterns.
- As per the directions of UGC, live streaming of interactive programme conducted by Honorable Prime Minister, Sh. NarendraModi with Vice Chancellors, Principals, Faculty members and students of the Universities/ Colleges under aegis the G-20 University Connect Event held at Bharat Mandapam, New Delhi was organized at the college on **September 26, 2023**. The staff and students watched the live telecast of the event. This initiative was undertaken with an aim to build an understanding of India's G-20 Presidency among India's youth and enhance their participation in the different G-20 events.
- As per the directions of the Director Public instructions Higher education, an awareness campaign on Post Matric scholarship scheme for SC Students was organised in the college on **September 28, 2023**. A special Camp was organised in the College to spread awareness among students about Post Matric scholarship scheme. On this occasion, Mrs. Hardeep Kaur, Nodal officer of the Post Matric scholarship delivered a special lecture to the students. All the queries of the students were answered. Total 80 Students participated in this event.
- The college hosted Zonal Youth and Heritage Festival of PU, Chandigarh (Moga-Ferozepur Zone B) **from 8 October to 10 October 2023**. The college bagged First Runner-up Trophy under the aegis of SGHGU Hari Trust. and the able guidance of the Principal (Addl. Charge) Dr. Amandeep Kaur. Dev Samaj College For Women Ferozepur won the overall Trophy. Second Runner-up Trophy was secured by S D College for Women Moga. 10 Colleges participated during the Three Days Youth Festival in Myriad categories including music, Folk Dance, Theatre, Heritage items and Fine Arts. Students of Khalsa College for women gave a brilliant performance and won 60 prizes. Distinguished personalities graced the occasion as chief guests including Vice Chancellor PAU Ludhiana, SDM Jagraon and Deputy Commissioner Moga. S Prabhdeep Singh, District Public Relations Officer Moga was the guest of honour S Pritam Singh Johal (Secretary), S Kirpal Singh Bhattal (Manager) and S Harmail Singh Sidhu (Member) from SGHGU Hari Trust motivated the girls by ensuring their esteemed presence on all three days of the festival. Principals of the

participating colleges and contingent In-charges were felicitated with mementoes. Youth festivals provide a platform to the students to develop their talent and open up fresh avenues for future success. Participation in traditional arts, music and dance paves the way for choosing career options in these fields. The youth festival was a grand success due to the diligent efforts of Dr. Gagandeep Dharni (Organizing Secretary). The wonderful performance by the student participants flurry of guests and attendance of students in huge numbers.

- Sidhwan Group of Institutions under the aegis of Shri Guru Hargobind Ujagar Hari Trust celebrated Founders' Day on October 23, 2023 under the able guidance of Honourable Management and collaboration of Principals of all the sister institutions. The Bhog ceremony of Shri Sehaj Path devoted to revere the sacred memory of the pioneers: Bhai Sahib Bhai Narain Singh Ji, Bebe Ram Kaur Ji, Padam Shri Bibi Harparkash Kaur Ji and Bibi Atar Kaur Ji was conducted at the Gurudwara Sahib in the campus. The Chief Guest Cabinet Minister S. Harpal Singh Cheema (Finance, planning, Excise and Tax Department, Govt. Of Punjab) and Guest of Honour: Smt. Sarabjit Kaur Manuke (MLA, Jagraon) attended the event to pay tribute to the Founders. Bhai sahib Bhai Karaj Singh Ji Hazoori Ragi Sri Darbar Sahib and his Jatha performed Shabad Kirtan and imbued the audience in religious fervour.
- On **November 1, 2023**, Punjab State Day was celebrated at the college by PG Department of Punjabi of the college. The students were enlightened on the historical significance of the demand, struggle and formation of a separate Punjab State in 1966. A quiz was conducted on various aspects of the auspicious day. 46 students participated in this event.
- A tribute to Shaheed Kartar Singh Sarabha was paid by organizing a programme to mark the occasion on **November 16, 2023**. A short video was shown to revive his memory. Poems and Speeches about the martyr were presented by the staff and students.
- On **25 November 2023** under the aegis of NSS department of hon'ble Government of Punjab, Indian Constitution Day was celebrated by NSS units in association with Social Sciences Department. Students participated in the quiz organised by Punjab Government at mygov.in site and got E-Certificates. A documentary on Indian Constitution was shown to the students for their acquaintance with its history and importance. Speeches and oath taking ceremony were organized to mark the day. 52 students participated in the function.
- As per the directions of DUI, PU, Chd live streaming of interactive programme Conducted by Honorable Prime Minister, Sh. Narendra Modi with Vice Chancellors of the Universities, Heads of Institutes, Faculty members and students of the Universities/Colleges under the aegis of 'Viksit Bharat @2047: Voice of Youth' was held at Raj Bhawans, New Delhi, was organized at the college on **December 11, 2023**. The staff and students watched the live telecast of the event. This initiative was undertaken with the aim to provide a platform to the youth of the country to contribute ideas to the vision of 'Viksit Bharat @2047.
- The traditional festival of Lohri was celebrated at the college under the able guidance of the Principal ( Addl. Charge), Dr. Amandeep Kaur. The staff and students celebrated the occasion by customary ritual of offering 'til' in the bonfire. The atmosphere was enlivened with festive fervour, when student Manpreet Kaur recited a poem dedicated to the event, Garima presented an energetic dance and Muskan Kaur and her fellow classmates mesmerized the audience with their group dance. Students of Sikh Girls Senior Secondary School, Sidhwan Khurd also attended the event and showcased their talent through poetical recitation. Dr. Amandeep Kaur congratulated

Gurnaz Kaur daughter of Prof. Harwinder Kaur, Qaafiya Kaur Brar daughter of Prof. Ramanpreet Kaur, Mehtab Singh son of Prof. Harmanpreet Kaur and Gurneev Kaur daughter of Dr. Paramdeep Singh on this auspicious day of their first Lohri. Best wishes were conveyed to the newly wed staff members. Gurjit Singh, Prof. Sumit Kumar and S. Jagraj Singh who were celebrating their first Lohri. Groundnuts and Rewari were distributed to all. Tea Party was arranged for staff. Dr. Gagandeep Dharni and Dr. Inderjit Kaur in charges of the function conducted the proceedings effectively.

- On January 25, 2024, 64TH ANNUAL ATHLETIC MEET HELD AT SIDHWAN INSTITUTIONS Sidhwan Group of Institutions, Sidhwan Khurd under the able guidance of Honorable President, S. B.S. Sidhu, IPS (Retd. DGP), of Shri Guru Hargobind Ujagar Hari Trust hosted its much awaited 64th Annual Athletic Meet on 24th January 2024 on the sprawling grounds of the Sidhwan institutions. The proceedings of this auspicious day commenced with the arrival and formal welcome of the esteemed Chief Guest, Sh. Sanjeev Arora, honorable member of Rajya Sabha. Dr. G.S. Grewal (Manager), S. Pritam Singh Johal (Secretary) and S. Harmail Singh Sidhu (Member) of S.G.H.G.U also graced the occasion and motivated the students. Following this, the flag was hoisted by the esteemed Chief Guest, accompanied by the NCC Wing and present distinguished dignitaries. The March Past commenced with the Chief Guest, Sh. Sanjeev Arora, saluting the students. Subsequently, lighting the torch and releasing of the balloons and pigeons took place. Around twelve hundred students from all Sister Institutes participated in this Athletic Meet and five hundred from G.H.G Public School under 14, 17, and 19 (Boys and Girls) **participated.** To make this day memorable, students performed Giddha, Bhangra, sang Solo and Group Songs. Annual Sports Activity Report of Sidhwan Institutions was presented and Prize distribution ceremony was conducted. The Chief Guest motivated the students with an inspirational speech and also announced to donate Rs. 20 Lakh for indoor stadium. Dr. G.S. Grewal, Manager of S.G.H.G.U Hari Trust also expressed his gratitude towards the Chief Guest and congratulated the sports in charges of all the five institutions, faculty members and students. S. Pritam Singh Johal, Secretary of S.G.H.G.U Hari Trust proposed the formal vote of thanks to present dignitaries. Dr. Amandeep Kaur, Principal of GHGH College of Education and Khalsa College For Women (Addl. Charge), Mr. Pawan Sood, Principal of G.H.G Public School, Dr. Shweta Dhand, Principal of G.H.G Institute of Law, and Mrs. Daljit Kaur, Principal of Sikh Girls Sr. Sec. School, Khurd thanked all the teachers for their cooperation and support and advised children to keep up their sportsman spirit. The event closed with National Anthem.
- In January 2024, Department of Political Science and Nss Units of college organised different activities like e-quiz competition and e-pledge Under MERA PEHLA VOTE DESH KE LIYE.
- The Department of Computer Science and Applications and IT club of the college screened the movie "Password" on **February 2, 2024.** This was an effort to make



students aware about Cyber Crime. Total 56 students of Under Graduate classes watched the movie.

- On **February 6, 2024**, under the aegis of SGHGU Hari Trust the PG Department of Punjabi of the College and GHG Harparkash College of Education, SidhwanKhurd jointly organized one day international seminar titled “Punjabi Sahit de VikasvichNariSahitkaran di Bhumika.” The event was organized in collaboration with Punjabi Sahit Academy, Chandigarh and Jagat Punjabi Sahit Academy, Canada. S. Ajaib Singh Chattha, Chairman, Jagat Punjabi Sabha Canada was the esteemed chief guest. In the inaugural session, Dr. Inderjit Kaur, HOD, PG Department of Punjabi of the College and Co-convenor of the Seminar presented an overview of the theme and conducted the proceedings. Dr. Sarabjit Kaur Sohal, President, Punjabi Sahit Sabha, Chandigarh graced the occasion and presided over as Chairperson. In his keynote address Dr. Satnam Singh Jassal, Dean, Guru Kashi University, Talwandi Sabo, Bathinda enlightened the audience on the role played by women in the generation of various social aspects, and the subsequent degradation in the status of women in patriarchal society as compared to a high place accorded to her in the tribal groups. S. Arvinder Singh Dhillon, Coordinator, Jagat Punjabi Sabha (India) who was the guest of honour spoke on the occasion and highlighted the contribution of Punjabi women writers, Dr. Dalip Kaur Tiwana and Amrita Pritam in portraying contemporary situation of women. The first technical session was chaired by Dr. Raminder Kaur, formerly Dean, Guru Nanak Dev University, Amritsar. In the second technical session Dr. Satnam Singh Jassal was the chairperson. Third technical session was conducted in online mode and was chaired by S. Ajaib Singh Chattha. Book titled “Ravinder Ravi de Kav Natak (Samajwadi Drishti ton)” authored by Dr. Inderjit Kaur was released on the event and she was felicitated by Jagat Punjabi Sabha, Canada. There were 19 papers presentations by the delegates.
- The commerce department of the college organized a poster making competition on **February 8, 2024** on the Start Up Dream. This was an effort to make students aware of entrepreneurial opportunities that they could pursue as a career. A total of 20 students participated in this event.
- The Department of Computer Science, in collaboration with the PG Department of Punjabi organized a 7-day Punjabi Typing Workshop from **February 12 to February 19, 2024**. On February 20, 2024, Typing competition was organised for the students. Total 21 students participated in the workshop. The workshop aimed to enhance students' typing skills in the regional language and prepare them to qualify for the Punjab Government typing test exams.
- PG Department of Punjabi and Punjabi Literary Society jointly celebrated International Mother Tongue Day. Various activities like Seven Days Punjabi Typing Workshop on AnmolLipi for 20 students , slogan writing and essay writing competition were organized. On **February 21, 2024** Dr. Inderjit Kaur, HOD, PG Department of Punjabi enlightened the staff and students about the historical significance of International Mother Tongue Day. A quiz on Punjabi literature and culture was conducted in which students participated enthusiastically. Dr. Balwinder Kaur presented a PPT on “History and Importance of Mother Tongue”. Students took oath to serve their mother tongue through its dissemination.
- Science Department of the College celebrated National Science Day to commemorate the contribution of CV Raman, renowned scientist of India on **February 28, 2024**. A

power point presentation competition on the topic “Exploring the Wonders of Everyday Science” was organized to mark the day in which 6 teams comprising of 2 students each participated. A skit titled “Science versus Superstitions” was also staged by the students to highlight the significance of cultivating scientific temper. Quiz on various aspects of science and scientific temper was conducted.

- **On March 08, 2024**, Red Ribbon Club and PG department of History of the college celebrated International Women’s Day. On this occasion, an Essay writing competition on the theme ‘Female Foeticide/Save Girl Child’ was organised. Total 25 students participated in this competition. Winners were awarded with cash prizes and all the participants were given Appreciation certificates.
- **On March 13, 2024**, Red Cross Society of the college observed No Smoking Day. On this occasion, a rally was taken out to raise awareness on the menace of smoking and other types of drug addiction in which 66 students participated.
- Students and Faculty of Science and IT watched the live broadcast of the event. Prime Minister Narendra Modi on Wednesday, **March 13, 2024**, virtually laid the foundation stone of three semiconductor projects worth about Rs 1.25 lakh crore during the 'India's Techade: Chips for Viksit Bharat' event. The event aimed to shed light on the role of technology in shaping a developed India, with a focus on semiconductor technology. Students and faculty participated in the event enthusiastically by giving talks on semiconductor technology.
- **On March 22, 2024** Social Science Department organised ‘World Water Day.’ The theme for the year was ‘Water for Prosperity and Peace.’ An awareness rally on water conservation was organised. The students prepared posters on various themes like water, saving measures, water availability, water equity etc. A ppt on water conservation and saving measures was presented.
- As per the directions of College Development Council, Panjab University, Chandigarh the Literary Society, NCC Unit and NSS Units of Khalsa College for Women, SidhwanKhurd observed Martyrdom Day of Shaheed Bhagat Singh, Rajguru and Sukhdevon **March 22-23, 2024** by organizing various events to commemorate the life and contribution of the Martyrs. On **March 22, 2024** a Cycle Rally was organized at village SidhwanKhurd in which students fervently participated. A symposium was held in which students shared their views on the legacy and contemporary significance bequeathed by the patriots. Plantation Drive was carried out and rally to create awareness on Drug Menace and other social evils was taken out at village SidhwanKhurd on **March 23, 2024**.
- PG Department of Punjabi and Punjab Literary Society organized the screening of two Tele -films based on the prescribed syllabi of Panjab University, Chandigarh on **March 28, 2024** to mark World Theatre Day. Dr. Inderjit Kaur, HoD, PG Department of Punjab acquainted the students to the historical significance of the day and shared valuable information about Punjabi theatre and performance. Tele -film based on Kulwant Singh Virk’s story ‘Dharti Hathla Bald ‘ was shown to students of first year classes of B.A., B.A.BEd and BSc.BEd. The metaphorical significance of the title is embodied by the obligation shouldered by Karam Singh’s father. Tele -film based on Gurdial Singh’s noval ‘Anne Ghode da Dan ‘was screened for third year classes of B.A. and B.A.BEd. In this film the medium of myth is used to convey the disparity between high caste and Dalit people in our society. Dr. Balwinder Kaur conducted a

group discussion on the themes presented in the Tele -films. 76 students participated in the event.

- On **April 1, 2024**, PG Department of Political Science and NSS Units of the college organized an Extension Lecture on 'Voter Awareness'. The Resource Person S. Jaswant Singh, Block Development officer (BLO) from Jagraon enlightened the students on the significance of making their votes and their right as well as obligation to vote in the upcoming Lok Sabha elections for nurturing the vibrant nature of Indian democracy.
- On **April 2, 2024** World Autism Awareness Day was observed by the Education Department of the college HoD, Darpan Center for Autism, Dr. Niranjana Kumar was the Resource person and purpose of celebration of the day is to create awareness and support special children. He shared information on techniques of speech therapy, Special Education, Occupational Therapy and specific evaluation strategies that can be employed.
- On April 12, 2024, Annual Prize Distribution Function on the theme "Echoes of Tradition, Visions of Future" was held to applaud and honour student achievers in the academic, cultural and sports field. Dr. Sawraj, eminent litterateur and renowned cardiologist graced the occasion as Chief Guest. The Principal presented annual report of the college in the form of PPT. 90 students were felicitated for their outstanding performance. College Colour was presented to 41 students for their excellence in cultural activities. Colourful cultural performance by the students comprising of Gidha, Group Songs, Play, Folk Songs, Dances, Indian Orchestra, Folk Orchestra, Bhangra, Speeches and Poetical Recitation mesmerized the audience.
- On **April 16, 2024**, PG Department of English of the college organized PPT activity for the students of BSc. IInd Year. 4 students gave presentations on interview skill, advertisement and other topics related to prescribed texts.
- PG Department of English of the college. This day is observed on April 23 each year to mark the birth and death anniversary of William Shakespeare the great English playwright and poet and to commemorate his contribution to English Language. Two days programme was organized by the PG Department of English. **On April 22, 2024** screening of the short story 'The Last Leaf' written by O' Henry was done followed by a Group Discussion by students and faculty exploring myriad aspects of the story. **On April 23, 2024** Calligraphy Competition was organized and valuable information was shared regarding the life, works, themes and classic qualities of the literary works of William Shakespeare.
- Path of Sri Sukhmani Sahib and Bhog ceremony followed by shabadkirtan was conducted on the occasion of successful competition of session 2023-24 to seek the blessings of Almighty **on April 24, 2024** for upcoming Panjab University examination. The programme was conducted with the support of Gurudwara Committee. Group Photographs of outgoing classes, various clubs, societies and committees as well as teaching and non-teaching staff as well as KCW fraternity was also taken.
- **On April 25, 2024**, the IT Club of the college, screened a motivational documentary showcasing the life of Steve Jobs, the Founder of Apple Inc. At the end students also gave reviews about the three stories of life of Steve Jobs which he shared in his

speech at the convocation of Stanford University in 2005. A total of 35 students attended the screening.

- **On April 26, 2024**, the Department of Computer Science and Applications of the college organized a Debugging competition for the students of BCA. The competition involved identifying and rectifying bugs in code written in C/C++ Language. A total of 9 teams enthusiastically participated in this event. The primary objective of this competition was to assess the programming acumen of the students while fostering a sense of curiosity towards further program development for their promising future.
- **On April 27, 2024**, Farewell Party for outgoing students was organized at the college. Dr.Amandeep Kaur, Principal ( Addl. Charge) graced the occasion as chief guest. A colourful cultural programme presented by the students comprising of dances and songs mesmerized the audience. Miss. Farewell Contest was held in which the students of outgoing classes enthusiastically took part. Ramp walk and question answer session was conducted to assess the students. Diya Verma BCA III was chosen Miss Farewell. Amanpreet Kaur **B.Com** III and Manpreet Kaur **M.Com** II were selected First Runner Up and Second Runner Up respectively. Prof. Harwinder Kaur, Dr.Balwinder Kaur and Prof. Avneet were the judges of the event. The atmosphere was filled with mirth and frolic when the students took part in Fun Games.
- PG Department of Punjabi of the college organized Online Ru- buru on **April 28, 2024**. Dr.Rajwant Kaur Bajwa renowned story writer and poetess was the resource person and interacted with the students of BA-II. Dr.Rajwant Kaur critically analyzed her creations 'Fair and Lovely' 'Baba Nanak' and 'JammanPeeran'. She recited her poems written in the haiku pattern and discussed this genre of poetry in detail. Strategies to cultivate the skill of creative writing were also shared. A thought provoking discussion followed.
- IPR Cell of the College organized Extension Lecture on Intellectual Property Rights ( IPR) on **April 30, 2024**. Prof. Charu Joshi from GHG Institute of Law SidhwanKhurd was the Resource Person. She enlightened the audience on types of IPR, rules related to the field and the need to get patents and registration of intellectual property and ethical issues related to IPR.
- On **May 11, 2024** PG department of Punjabi of the college paid their tribute to Dr.SurjitPatar, Padamshri awardee and a renowned poet by holding a condolence meeting to mourn his passing away.
- Transport Department of the college celebrated "International Labour Day" on **May 14, 2024**. The bus drivers and conductors of the college vehicals and Class IV employees of the college were facilitated with gifts and tea party was organized for them to mark the occasion.
- Alumni Meet was held on **May 29, 2024**. Alumnus Mrs.Gurmeet Kaur Grewal who passed her degree in session 1961 from this prestigious institution was the chief guest. She commenced her education from Sikh Girls Senior Secondary School and later became the captain of hockey team of the college while pursuing her graduation. The old students shared their bitter sweet memories related to their alma mater and acknowledged the contribution of the institution in their success. The alumni were felicitated.
- Department of Physical Education and NCC uni of celebrated International Yoga Day on **June 21, 2024** by organising a one day Department of Physical Education and

NCC units of celebrated International Yoga Day on June 21, 2024 by organising a one day Yoga Camp for students and faculty members. Dr. Paramdeep Singh demonstrated various asanas like Bhujangaasana, Vajrasana, Sukhamasana etc. The participants followed him with full zest and zeal.

### **RELIGIOUS MORAL**

- Sidhwan Group of Institutions collectively celebrated the Birth Anniversary of Guru Gobind Singh Ji under the aegis of SGHGU Hari Trust on **January 30, 2024**. Bhog ceremony of the Sehaj Path was conducted to celebrate the occasion. ShabadKirtan, Kavishri, religious songs and speeches by staff and students were presented to pay homage to Shri Guru Gobind Singh ji. The atmosphere was imbued with religious fervour as the congregation commemorated the life, contribution and legacy of the tenth Guru of the Sikhs. Everyone partook Langar.

### **INTER COLLEGE COMPETITIONS**

- The students brought laurels in various competitions conducted by Guru Gobind Singh Study Circle, Ludhiana. On **28 January 2024**, Women Council of Guru Gobind Singh Study Circle organised 'DoojaIstriKaviDarbar' at SultanpurLodhi. Manpreet Kaur, BA 1 participated in this event and was honoured with a Certificate, Trophy and set of religious books. On 13 February 2024, the certificates were awarded to the students, who appeared for the exam of Moral Education conducted by Guru Gobind Singh Study Circle, Ludhiana. This exam was conducted with the support of Gurudwara Committee of the College. Total 26 students appeared in this exam. Gurneet Kaur, BA 2 secured special prize in this exam. She was given a Certificate, Trophy and cash prize of Rs. 100/-. On this occasion, the Zonal Secretary of Guru Gobind Singh Study Circle, Ludhiana S. Jaspal Singh also shared his thoughts with the students. He said that Education based on Ethical values is very important in building the personality of the students. On 15 February 2024 Guru Gobind Singh Study Circle, Ludhiana organised Ludhiana Zone Youth Festival wherein Simrandeep Kaur of B.Sc.III got special prize in Speech competition and was awarded with a Certificate, Trophy and books. Manpreet Kaur of BA I got certificate of participation.

### **IQAC**

- Online IQAC Meeting was organized at Khalsa College for Women, SidhwanKhurd on **August 22, 2023**. The meeting was attended by External Expert, Dr. Mohinder Kaur Grewal, Ex Principal of GCG, Ludhiana, Dr. Amandeep Bakshi, Employer Representative. Future work of action was chalked out for the coming quarter.
- Meeting of Internal Quality Assurance Cell (IQAC) of the college was held on **May 23, 2024** under the able guidance of Dr. Amandeep Kaur, Principal of the college and Chairperson IQAC. She accorded a formal welcome to Dr. Mohinder Kaur Grewal NAAC Assessor and Ex Principal GCG, Ludhiana, External Expert- IQAC, Dr. Amandeep Kaur Bakshi, Principal, Eastwood School, Mullanpur, Industry Stakeholder – IQAC, representatives from Alumni and students. The meeting commenced with the review of the previous meeting. The agenda points were discussed elaborately. BudhPoornima was also celebrated. Dr. Mohinder Kaur Grewal

enlightened the faculty members and students on the importance of this historical day and relevance of our cultural and religious heritage in showing us the path in contemporary times.

### **CAREER COUNSELLING CELL**

- On March 26, 2024, Career guidance and Counselling Cell of the college organized a lecture on 'Career options'. Dr.Shally, Dr.Jagminder Kaur and Prof. Manpreet Kaur from GHG Harparkash College of Education were the resource persons and enlightened the students on various avenues available in myriad fields. Prof. Gagandeep Singh AulakhHoD, Physics department gave information on NSDF courses that students can pursue simultaneously with their programmes.
- Career Counselling Cell of the college organized a Lecture on Career opportunities available for students after completion of their UG and PG programmes on **April 22, 2024**. Ms. Pooja Kaushik from GHG Harparkash College of Education, SidhwanKhurd was the Resource Person. She enlightened the students on the need to have a viable goal in life, the avenues offered in various fields and strategies to be adopted for professional development.
- IQAC and Career Counselling Cell of the College organized a lecture on "Career Guidance" on **March 27, 2024**. Mr.Abhilesh Kumar, Branch Manager and Career Counseling Department of Authority and his team from Mahendras Institute Ludhiana were the resource persons and enlightened the students on the myriad avenues available for them and guided them on how to plan their professional life. The resource persons were facilitated with mementos.
- IQAC of the college organized One Week FDP on the topic "Research Methodology" from **May 17-24, 2024**. The resource person enlightened the staff on myriad aspects of the theme. Dr.Sarabjit Kaur shared her views on how to use the research problem? and PrincipalDr.Amandeep Kaur told about Research Methodology. Dr.MahipalDutt delivered his PPT on "APA Style Referencing Tools". Dr.Inderjit Kaur and Dr.GagandeepDharni shared valuable tips on "How to Write a Research paper?" and "Uses of MLA Style in English" respectively. Dr.ShallyWalia told about "Research Proposals" Certificates were given to the faculty on the successful completion of the program.

### **SHORT TERM COURSES**

- From April 2 to May 20, 2024, Free Short Term Courses in Computer Literacy, English Speaking, and Fashion Designing were conducted for girl school students in which 40 girls participated. The goal of these courses was to provide skill enhancement training to rural girls from the neighbouring villages. Certificates were awarded to the participants on successful completion of the course.

### **RED REBBION CLUB**

- Red Ribbon Club of the college observed Red Ribbon Week, held on every year from **October 23 to 31, 2023**. On this occasion, Mr.Gurjeet Singh presented a PPT on the history and importance of Red Ribbon Week. Mrs.Hardeep Kaur welcomed, Guest of

Honour Dr.Rameshinder Singh by whom a lecture was delivered to make the students aware about evils of Drug Menace. Poster Making and Slogan Writing competitions on the theme 'Drug Menace' and 'Blood Donation' were organised. The Guest of Honour gave away the prizes to the winners.

- As per the instructions of Assistant Director Youth Welfare Services Department Ludhiana World AIDS day was observed. On this occasion Red Ribbon Club in collaboration with Department of Science organized a REEL Making Competition by receiving entries from **November 17 2023 to November 30, 2023** on the theme Prevention and Control of HIV\AIDS and promotion of HIV testing. Total 10 students participated in this competition. Results were announced on December 1, 2023 and winners were awarded cash prizes.
- Red Ribbon Club observed National Youth Day on **January 12, 2024**. On this occasion, Teachers and Students took Pledge on the brotherhood and integrity of the Nation by the youth, for the youth and to the youth.
- On **March 13, 2024**, Red Ribbon Club and Red Cross Society observed No Smoking Day with enthusiasm. On this occasion, a rally was taken out to raise awareness on the menace of smoking and other types of drug addiction. College principal praised the efforts of students and said it is a great opportunity for students to highlight the hazards of smoking and motivate the community to make our society drug free.66 students participated in this rally.
- Red Ribbon club in collaboration with Department of Science of the college observed World Tuberculosis Day. Dr.Parbhat Kumar and Dr.Nidhi from New Kokila Super Specialty Hospital Jagraon was the Guest of Honor in this occasion and delivered a lecture to aware students about TB, its Symptoms Causes and Cure. He stressed on view that how unhygienic and Road side food is the major cause of spreading communicable diseases like TB. In addition He discussed how fast food and western life style is causing many diseases like obesity, PCOD in young Girls and various types of cancers.

### **FACULTY NEWS**

- On September 24, 2023, Dr.Inderjeet Kaur, HoD, Department of Punjabi presented a paper titled “ World Punjabi Conferences di Sathapna” in a webinar organized by Navkiran Punjabi Sahit Kala and Sabhyacharmanch. She also published her paper titled “Ravinder Ravi de KaavNatkanDa SamajSbhiyacharkAdhiyann” in Aabru Magazine (UGC Approved), July-September 2023. From November 29 to December 12, 2023, she attended Refresher Course on “Language Comparative Literature and Cultural Studies” organized by UGC Malvia Mission Teacher Training Centre at GNDU, Amritsar, and obtained a grade “A”. On January 9, 2024 she attended a webinar on “SAWAYAM MOOC” organized by UGC Malvia Mission Teacher Training, GNDU. On December 28, 2023, she delivered a lecture on topic “NaitikAnnushashan” to students of Green Castle Public School, Sidhpur, HP. On October 27, 2023, she got her PhD Degree from Guru Kashi University, Talwandi Saboo. Her supervisor was Dr.Satnam Singh Jassal (Director S.C. I.C) Faculty of Humanities and Languages Department, Guru Kashi University Talwandi Saboo (Bathinda) and the title of her thesis is “Ravinder Ravi De KavNatakSamajwadiDrishthi”. The Principal Dr.Amandeep Kaur (Additional Charge) congratulated Dr.Inderjit Kaur for

her achievement. On October 26, 2023 she got honor at Alumni Meet of Guru Kashi University, Talwandi Saboo. On January 16, 2024 she presented a paper titled “Punjab, Punjabi ate Punjabi Virasat de Parmukh Naik Baba Farid Jeewan, Rachna ate Yogdaan” in one day International Seminar organized by Punjabi Jagat Sabha, Canada and Khalsa College for Women, Civil Lines Ludhiana. On February 6, 2024, she presented a paper titled “ Dr. Dalip Kaur Tiwana de Novlanvich Naariwadi Chintan” in seminar on “Punjabi Sahit de Vikaasvich Nari Sahitkaran di Bhoomika” organized by Punjabi Sahit Academy, Chandigarh and Jagat Punjabi Sabha, Canada in collaboration with KCW Sidhwan Khurd. She also acted as co-convener at this seminar. On February 26, 2024, she attended a webinar on “Academic Bank of Credits” organized by UGC Malvia Mission Teacher Training Centre at GNDU, Amritsar. On February 26, 2024, she presented a paper titled “ Shri Guru Granth Sahib Ji di Manukhta nu Dain” in ICPR sponsored one-day international conference organized by Hindu College, Amritsar. On March 23, 2024, she presented her paper titled “Punjabi Geetan Vich Aurat da Chitran” in CDC sponsored one-day national seminar organized by Dev Samaj for Women College, Ferozepur. From March 11-23, 2024, she attended a 15 days FDP on “NEP Orientation and Sensitization Program-II organized by Malvia Mission Teacher Training Program. From April 2024 she completed a research project titled “ Undergraduate Ladkianvich Sahitik Hunar da Vikaas” sponsored by Jagat Punjabi Sabha, Canada. She published her paper titled “Punjabi Sahitvich Pesh Punjabi Sabhyachaar (Ravinder Ravi de Kaav Sandarbh Vich) in book titled “ Punjabi Sabhyachaar da badlda Saroop: Chunatian ate Sambhavnawa, ISBN 978-81-19367-49-8. On April 21-22, 2024, she acted as a subject expert and co-convener in 5<sup>th</sup> Jagat Punjabi Conference organized by Jagat Punjabi Sanstha, Navkiran Punjabi Sahitsabhyacharkmanch ate Punjabi Sahit Academy, Chandigarh at District Education and Training organization Nabha. She also presented her paper titled “ Vishvikaran da Maujooda Punjabi Sabhyachaarutte Parbhav”. She published her paper titled “ Aasa di Vaar: Mool Rachna da Udes” in book “ Guru Nanak Dev Ji da Vichaardharai Parpekh” ISBN 978-81-975116-6-0. She published a paper titled “Guru Nanak Bani Vich Sabhyacharak Kranti” in a book titled “Kuch Suniye Kuch Kahiye” edited by her, ISBN- 978-81-972271-8-9. She also edited the book titled “ Ravinder Ravi de Kaav Natak (Samajvadi Drishti ton), ISBN 978-81-71126-782-1.

- Dr. Balwinder Kaur, PG Department of Punjabi, published her paper titled “Sabhyacharak Parivartan Banaam Punjabi Bhasha” in book “Punjabi Sabhyachar da Badlda Saroop, Chaunautia ate Sambhavnava” ISBN 978-81-19367-49-8. She published a paper titled “Japji da sarachnaatmak Parbhandh” in book “Kuch Suniye Kuch Kahiye” ISBN- 978-81-972271-8-9. She published a paper titled “Guru Nanak Kaav da Bimb Vidhaan” in book titled “ Guru Nanak Dev Ji da Vichaardharai Parpekh” ISBN 978-81-975116-6-0 edited by her. On January 16, 2024, she presented a paper titled “Punjab, Punjabi ate Punjabiyat da Nayak, Dhani Raan Chatrik in one day International Seminar “Punjab, Punjabi, Punjabiyat ate Punjabi de Parmukh Nayak” organized by Punjabi Jagat Sabha, Canada and Khalsa College for Women, Civil Lines Ludhiana. On February 6, 2024, she presented a paper titled “ Sukhwinder Amritdiyan Kavita da Vishleshan” in seminar on “Punjabi Sahit de Vikaasvich Nari Sahitkaran di Bhoomika” at organized by Punjabi Sahit



Academy, Chandigarh and Jagat Punjabi Sabha, Canada in collaboration with KCW SidhwanKhurd.

- Dr. Jasdeep Kaur, Department of Economics, presented her paper titled “Water Policies in India Past, Present and Future A way forward” in a conference titled “Sustainable Development Dimensions Discourses” organized by Punjab University, Chandigarh. On January 18, 2024, she attended an international webinar “Career Opportunities for Lecturer in USA,” organized by GHG Harparkash College of Education for Women, SidhwanKhurd and Sant Darbara Singh, College of Education for Women, Lopon. From November 29 to December 7, she attended a FDP titled “Open Educational Resources A Catalogue for Innovation in Education,” organized by GHG Khalsa College GurusarSudhar and Council of Teacher Education Foundation USA.
- Mrs. Karamdeep Kaur, Department of Political Science attended a national webinar “Water justice and Constituent Framework in India” organized by Postgraduate Department of Political Science, DAV College Abohar. From November 29 to December 7, 2023 she participated in a Faculty Development Program “Open Educational Resources, a Catalog for Innovation in Education” organized by GHG Khalsa College GurusarSudhar and Council of Teacher Education Foundation USA. On January 16, 2024, she presented her paper titled “Punjab, Punjbiyat da Dadurdarshi Neta Pratap Singh Karoon” in one day International seminar titled “Punjab, Punjbiyatate Punjabi Virasede Parmukh Nayak” organized by Jagat Punjabi Sabha, Canada and Postgraduate Punjabi Department of Khalsa College for Women, Civil Lines, Ludhiana
- Dr. Gitanjali Arora, Department of Music published her research paper titled “Lok Sangeet Kavivad Adyan in BAadhaar Peer Reviewed Indexed International Research Journal ISSN 22789308 issue 4, no. 420. In July 2023 she presented her paper titled “Chitra Evam Sanskriti Nirman me Sangeetka Mahatav” in International Seminar organized by Department of Music and Performing Arts, University of Allahabad Prayagraj, UP. on 12-14-15, 2023 she presented her paper titled “” in the 15th International Conference titled Development of Women and Sustainable Future organized by Human Studies Center, Punjabi University Patiala.

#### **NCC**

- The cadets participated in independence day celebration at govt. School jagraon.
- Our 25 Ncc cadets participated in Republic day prade in Govt. Senior secondary school jagraon.

#### **NSS**

- To commemorate 75 years of Independence of India, NSS units of Khalsa College for Women, SidhwanKhurd celebrated Azadi Ka Amrit Mahotsav by hoisting national flag in college campus.
- Under the able guidance of Dr. Amandeep Kaur, Principal (Addl. Charge) Seven days NSS Camp organized by NSS units of Khalsa College for Women, SidhwanKhurd came to its successful culmination on March 22, 2024. A cultural programme and Prize Distribution function was organized on the occasion. Dr. Inderjit Kaur, Programme officer welcomed Dr. Amandeep Kaur by presenting a sapling to her.

Volunteer Kirandeep Kaur recited a poem, Nazm and Ramanpreet Kaur presented a PPT on the theme of NSS, Arshdeep Kaur delivered a speech dedicated to the martyrdom of ShaheedBhagat Singh. Volunteers Kashish, Shehnaz and Muskan Kaur shared their experiences about the NSS Camp. Ramanpreet, Manpreet, Simranpreet, Muskan and JyotiKumari were gifted diaries for their dedicated service during the camp. All other volunteers were presented pens. Shehnaz and Nazm were selected best volunteers from Unit 1 and Unit 2 respectively and were felicitated with trophies. Mallika bagged the best speaker trophy. A dialogue competition was organized in which Navdeep Kaur, Akashdeep Kaur and Hardeep Kaur won first, second and third position respectively. Volunteers Muskan and Shehnaaz conducted the proceedings of cultural programme effectively. Dr.Amandeep Kaur congratulated the volunteers and Programme officers on successful completion of the camp.

- As per the directions of Higher Education Department, Punjab Government, the NSS Units, NCC Unit and Cleanliness Committee of the college collectively undertook Swachhta Drive under “Swachhta hi Sewa” programme from **September 15 to October 2, 2023**. As a part of this event various activities like Marathon, Lectures on ‘Say no to Plastic’ and ‘Waste Management’, Awareness Rally to spread the message of cleanliness at SidhwanKhurd village and oath to observe cleanliness were held. The programme reached its culmination on 2.10.2023 with the celebration of ‘SwachhtaDiwas’ as ‘Mera Campus, Swachh Campus’ by organizing lecture, elocution and poster making.
- On **October 2, 2023**, NSS Units of Khalsa College for Women, SidhwanKhurd undertook Cleanliness drive in the college premises under the project “Swachhata Hi Seva”.
- NSS Volunteers of Khalsa College for Women, SidhwanKhurd attended live telecast of The Hon'ble Prime Minister's speech in 27th National Youth Festival inauguration and organization of special events on **January 12, 2024** to celebrate the National Youth Day.
- An awareness programme on ‘Female Hygiene’ was organized by NSS Units at Khalsa College for Women, SidhwanKhurd on **March 20, 2024**. Dr. Roohi Deol a specialist in gynecology and obstetrics from Deol Hospital, Mullanpur was the resource person. Dr. Amandeep Kaur welcomed the esteemed guest and encouraged the students to benefit from the expert views shared by her. Floral saplings were presented to her and the team of experts accompanying her. Addressing the audience Dr. Roohi Deol stressed the importance of knowing ones blood group and how blood donation can help many people in need of different components of the blood. She said that young girls should maintain an optimum level of hemoglobin to lead a healthy life. She shared vital information on feminine hygiene during menstruation and asked the girls to adopt eco-friendly, sustainable and reusable options in place of synthetic sanitary pads. The superstitions and misconceptions about menstruation were also dispelled by her. A health checkup camp was organized by her team in which BMI, hemoglobin and blood group were tested. Dr. Roohi Deol was felicitated with a memento.

### TRIP

- On August 19 2023, Social Science Forum of Khalsa College for Women SidhwanKhurd arranged the movie show Gadar 2 at Nova Cinema Mullanpur (Ludhiana) to the students. The movie has historical significance and inculcates spirit of patriotism and secularism. Total 79 students of UG and PG classes watched the movie. On the whole, the students enjoyed this moral-cum-educational trip.
- On **March 06, 2024** Commerce Department of the college organized an Industrial visit to S.N Paper Mills Pvt. Ltd., Ladhawal for 40 students of graduate and postgraduate classes. The industrial visit was a rich learning experience and offered a holistic view of the manufacturing process. The management and staff of the concern gave a warm welcome and generously shared their expertise and skills with the faculty and students. They provided information about the complete paper manufacturing process in the interactive field visit session. This event proved very beneficial to enhance the knowledge of students. The main aim of the industrial visit was to provide exposure to students on practical aspects of the field.
- On **March 6, 2024**, Education Department of the College organized an Educational visit to Special Education School 'Darpan' in Ludhiana. The aim of the visit was to sensitize the students about the various facets of neurological disorders and the support and help required by the affected. The school appealed for spreading awareness through the college so that no child should be neglected in society. The students and staff readily agreed to be the ambassadors for creating awareness on the issue. Total 49 students visited the school
- One day educational tour to Kasauli was jointly organized for the students of the college and GHG Harparkash College of Education for Women on March? 2024. The students visited Monkey point and Hanuman jiMandir. The students enjoyed the scenic beauty of the place and visited the local market. 77 students participated in the trip.

### SPORTS

- On **September 02, 2023** the Department of Physical Education and Sports Committee of Khalsa College for Women, SidhwanKhurd organized Inter-House Kabaddi Tournament to commemorate the contribution of the founders. Bibi Atar Kaur House secured the first position in the tournament. Bhai Narain Singh House and BibiHarparkash Kaur House won the second and third position respectively. Muskan Kaur was declared the Best Raider. The victorious teams were given trophies and the players of winner teams were awarded certificates.
- On **September 09, 2023** the Department of Physical Education and Sports Committee organized Inter-House Chess Tournament Bibi Atar Kaur House secured the first position in the tournament. Bhai Narain Singh House and BibiHarparkash Kaur House won the second and third position respectively. The victorious teams were given trophies and players of winner teams were awarded certificates.
- On **September 16, 2023** the department of Physical Education of the college organized an inter-house knockout boxing tournament. BibiHarparkash Kaur house and Bhai Narain Singh House won the second and third positions respectively. Bibi Atar Kaur house secured the first position. The victorious teams were facilitated with trophies and players of winners teams were awarded certificates.

- The 67<sup>th</sup> District level school Boxing Tournament was held at the boxing ring of the college on **September 26, 2023**. Dr. Paramdeep Singh, head of the physical education and sports department reported that the tournament saw participation from over 30 boxers across various weight categories. These athletes benefited from the exceptional boxing facilities of the college. The college continues its dedication to serving the community through its educational, sports and cultural initiatives. Notably, District Sports incharge S. Kulvir Singh Coordinator Jasvir Singh PTE graced the occasion.
- In KhedanWatan Punjab Diyan games the college athletes earned a total of 8 gold and 2 silver medals at the Block and District levels. Muskan Gill of B.A- I brought laurels by winning gold medal in Long Jump and Jaspreet Kaur of B.A-I won Silver Medal in Long Jump at the Block level. The College Kabaddi (N.S) team qualified for District level. Sumanpreet Kaur of B.A -I won gold medal in 100 m and Simranjeet Kaur of B.A -I won Silver medal in 100 m. In 400 m race Simrajeet Kaur and Palwinder Kaur of B.A -I won silver medal at the Block level. The Boxers of the college, Jashapreet Kaur, Muskan Gill, Bani and Shivani (B.A-1st year) won gold medal at District Level and qualified for State Level. In Kick Boxing Muskan Gill of B.A-1st year won gold medal at District level.
- Muskan Gill of B.A-1st year of Khalsa College for Women, SidhwanKhurd, a premier institution run by SGHU Hari Trust came out with flying colors in the Panjab University Chandigarh Inter-College Wrestling Free-Style tournament. Dr. Amandeep Kaur Principal (Addl. Charge) said that it is a matter of immense pride and honor that the student has brought laurels by winning the bronze medal in this tournament. Muskan Gill continued her winning spree as she had won the gold medal at the District-level tournament held at Khanna and the silver medal at the State-level tournament held at Bathinda. In Kick Boxing Muskan Gill won the gold medal at the District level and State. She also won a silver medal in the National Kick Boxing Championship 2023 held at Ranchi (Jharkhand).
- B.A. First year students Bani and Shivani won Bronze Medal in Panjab University Chandigarh Inter- College Boxing which was organized in November 2023 held at Dashmesh Girls College Badal, ShriMuktsar Sahib. In boxing these two boxers have earlier won gold medals in the district level tournament held at Khanna and participated in the state level tournament held at Bathinda.